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**Table 2.** IL-15 increases and IL-2 decreases the total numbers of memory phenotype CD8<sup>+</sup> T cells in animals by affecting dividing cells. Transfer and analyses were done as described in Fig. 4B. Cell numbers are for CD44<sup>high</sup>, CD8<sup>+</sup> T cells in the spleens and inguinal, axillary, brachial, superficial cervical, mesenteric, lumbar, and caudal lymph nodes of recipients.

	Numbers of donor memory phenotype CD8 <sup>+</sup> T cells per recipient × 10 <sup>-3</sup> (% control)		
	Dividing	Nondividing	Total
Control	8.0 (100)	8.1 (100)	16.1 (100)
Anti-IL-2	170 (2125)	22 (275)	192 (1193)
Anti-IL-2Rβ	2.4 (30)	8.9 (111)	11.3 (70)
Anti-IL-7 + Anti-IL-7Rα	10.3 (129)	8.4 (105)	18.7 (116)

may, in fact, limit the total number of CD8<sup>+</sup> memory CD8<sup>+</sup> T cells that the animal can sustain (21). Conversely, production of IL-2 during an immune response may check otherwise uncontrolled responses by bystander CD8<sup>+</sup> memory T cells induced by increased levels of IL-15.

In immune responses, the stimulatory effects of one process are frequently counterbalanced by the inhibitory effects of another. Such contrary effects allow the immune system to respond vigorously but not uncontrollably to infections. The opposing effects of IL-15 and IL-2 reported here represent another example of the checks and balances inherent in the mechanisms of immunity.

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- The authors thank S. Nishikawa, M. Miyasaka, E. Shevach, T. R. Malek, A. Troutt, T. Mossman, and R. Coffman for monoclonal antibody-producing cell lines; PharMingen (San Diego, CA) for providing cell lines with the producers' permission; T. Potter for the OT1 mice; K. Christiansen for preparation of antibody-containing supernatants; W. Townsend and S. Sobus for flow cytometry advice; and T. Mitchell and B. Schaefer for comments on the manuscript. This work was supported by NIH grants AI-17134, AI-18785, AI-22295, and CA-46934 and a fellowship for research abroad from the Japan Society for the Promotion of Science (1999–2001) (M.M.).

28 October 1999; accepted 6 March 2000

## Location of a Major Susceptibility Locus for Familial Schizophrenia on Chromosome 1q21-q22

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Schizophrenia is a complex disorder, and there is substantial evidence supporting a genetic etiology. Despite this, prior attempts to localize susceptibility loci have produced predominantly suggestive findings. A genome-wide scan for schizophrenia susceptibility loci in 22 extended families with high rates of schizophrenia provided highly significant evidence of linkage to chromosome 1 (1q21-q22), with a maximum heterogeneity logarithm of the likelihood of linkage (lod) score of 6.50. This linkage result should provide sufficient power to allow the positional cloning of the underlying susceptibility gene.

Schizophrenia is a serious neuropsychiatric illness affecting ~1% of the general population. Family, twin, and adoption studies have demonstrated that schizophrenia is predominantly genetic, with a high heritability (1). Segregation analyses have failed to clearly support a single model of inheritance, with the suggestion of several, possibly interacting, susceptibility loci (2). The existence of a spectrum of related psychiatric disorders has led to uncertainty over the most appropriate phenotype for use in genetic studies. The complex genetics, unclear role of environ-

mental interactions, and phenotypic uncertainty have led to the view that significant genetic linkage will not be easily obtained (3). Of the complete genome scans for schizophrenia susceptibility loci published to date (4–14), only one (8) has reported a significant linkage result, to chromosome 13q32, which was recently confirmed in our independent sample of families (15). Suggestive (although not significant) results have been obtained to many other chromosomal regions, but the multitude of these findings and the broad regions involved limit their

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usefulness as starting points for positional cloning.

We conducted a genome-wide search for loci contributing to risk for schizophrenia in a group of 22 families, selected for study because multiple relatives were clinically diagnosed with schizophrenia or schizoaffective disorder. Canadian families of Celtic ( $n = 21$ ) or German ( $n = 1$ ) descent were recruited for study if schizophrenic illness appeared to be segregating in a unilineal (one side of the family only), autosomal dominant manner (16, 17). An average of 13.8 individuals per family participated in the study, and five families had 20 to 29 members participating. An average of 3.6 individuals with schizophrenia or schizoaffective disorder participated per family, with 15 individuals with these diagnoses participating in the largest family. On average, two additional participating family members were diagnosed as affected under a broader definition of schizophrenia-related disorders (18). Family members diagnosed as affected spanned three generations in 27% of families. Individuals reported by history to be affected spanned three or four generations in 45% of families. Overall, 304 subjects were evaluated (18), and 288 subjects had DNA samples available. DNA samples were genotyped with 381 simple tandem repeat markers with an average heterozygosity of 0.76 and an average marker density of 9 centimorgans (cM) (19). Parametric linkage analyses were conducted (20), as they are more powerful than nonparametric methods (21, 22) and are robust methods for detecting linkage despite errors or simplifications in the analyzing model, as long as both a dominant and a recessive model are used (21–24). To minimize multiple tests, we selected four genetic models, dominant and recessive for each of a “narrow” and a “broad” diagnostic classification (18, 25). The narrow classification included the diagnoses of schizophrenia and chronic schizoaffective disorder; the broad classification included these and several schizophrenia-spectrum disorders (18). The parameters of the dominant and recessive genetic models were derived from population prevalence and twin concordance rates for schizophrenia and related spectrum disorders (25). Although these parameters are almost certainly not accurate, particularly because they

model single-gene inheritance, parametric linkage analysis with single-gene models is a powerful method for detecting linkage to traits controlled by multiple interacting genes, even when certain parameters, such as penetrance, are set to arbitrary values (21–24).

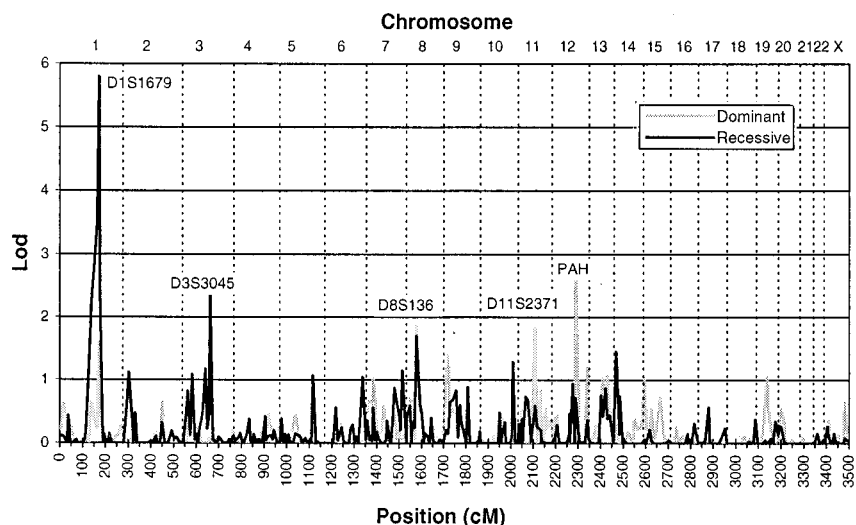
The threshold to declare significance in linkage studies of complex disorders is the subject of debate (26–28). So as to avoid increasing the number of false-positive results due to multiple testing, statistical corrections are required to account for analysis with multiple markers, multiple inheritance models and diagnostic classifications, and genetic heterogeneity. Unfortunately, the exact appropriate correction may be difficult to determine (26–28). Alternatively, simulation studies of unlinked “replicates” can empirically determine how frequently any given logarithm of the likelihood of linkage (lod) score will occur in the absence of linkage, accurately accounting for multiple markers and models. Simulation studies with 2500 unlinked replicates were conducted to determine the lod scores corresponding to  $P = 0.05$  (29). This produced a lod score threshold for significance of 3.3 under the hypothesis of homogeneity and 3.5 under the hypothesis of heterogeneity. Simulation studies with linked replicates were also conducted to assess the power of this sample to detect linkage under the four models used in this study (30). These demonstrated good power to detect linkage under all models when 75% or more of families were linked to a given disease locus (31).

A plot of two-point lod scores for the genome-wide scan is shown in Fig. 1. The highest lod score observed was 5.79 [ $P < 0.0002$ ; (32)] under the narrow definition of

illness and a recessive mode of inheritance with marker D1S1679, which maps to chromosome 1q22. Lod scores  $>2.0$  were obtained with five adjacent markers from 1q, spanning a region of approximately 39 cM. Significant linkage was not detected to any other chromosome when two-point analysis was used. All two-point lod scores  $>1.5$  are summarized in Table 1 (33).

Parametric multipoint analyses of complex disorders must be approached with caution, as incorrect analysis models can exclude a true linked locus from the region between close flanking markers (34). However, multipoint analyses are useful for combating the practical limitations caused by uninformative marker typings, which can either inflate or deflate the lod score. With large, complex pedigrees, simultaneous analysis of multiple highly polymorphic marker loci can be computationally prohibitive, especially when large regions of the genome are scanned for linkage. We therefore conducted three-point analyses with adjacent marker loci and the disease locus for all markers in the genome scan and four-point analyses in the region of significant linkage on 1q. Multipoint analysis with chromosome 1 markers produced a maximum lod score of 6.50 [ $P < 0.0002$ ; (32)] between the markers D1S1653 and D1S1679, under the recessive-narrow model and with an estimated 75% of families linked to this locus (Fig. 2). Only multipoint analysis on chromosome 13 produced additional significant results, with a maximum lod score of 3.81 [ $P = 0.02$ ; (32)] under the recessive-broad model at D13S793 with an estimated 65% of families linked to this region, consistent with our previous findings in these same families (15).

There have been suggestive linkage re-



**Fig. 1.** Two-point lod scores for the genome-wide scan. Affected and unaffected individuals in 22 families segregating schizophrenia were genotyped at 381 marker loci throughout the genome. Maximum two-point lod scores under the narrow definition (18) and the assumption of genetic heterogeneity are plotted as a function of marker location in centimorgans for both recessive and dominant models of inheritance. Chromosome number is designated at the top of the plot.

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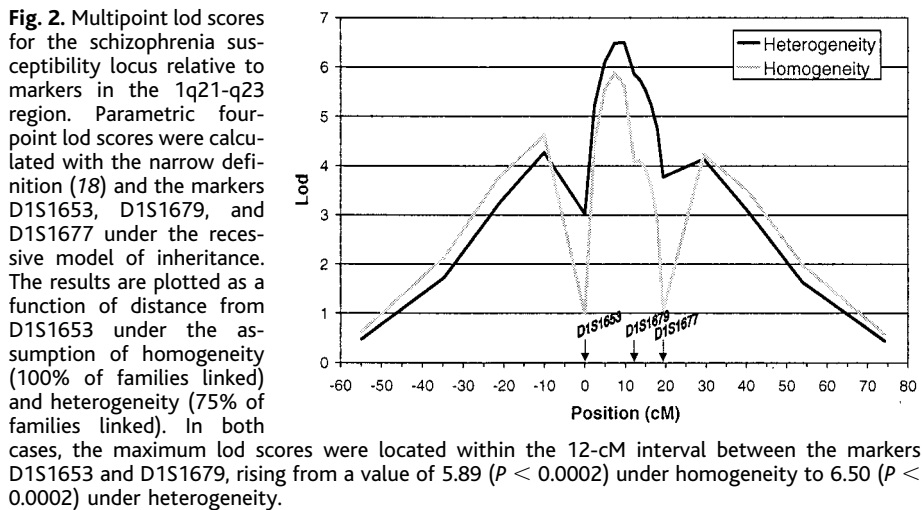
sults for chromosome 1q22-q23 under autosomal recessive inheritance in one published (6), and one preliminary (35), genome scan. Studies showing association of schizophrenia with the Duffy blood group (36), a heterochromatin variant (37), a fragile site (38), and a potassium channel gene [KCNN3 (39)], provide further prior evidence for a susceptibility gene in this region. However, most genome scans and association studies have

not led to significant results for the 1q21-q23 region or have provided suggestive linkage of major psychotic illness to the more distal regions of 1q25-q32 (40) or 1q32-q41 (14), perhaps due to the genetic heterogeneity of schizophrenia and/or low power of some studies.

This unequivocally significant linkage finding seems somewhat unexpected for schizophrenia, given the multiple challenges

of this complex disorder. However, these results confirm the predictions of simulation studies that parametric linkage analysis with simple genetic models, when conducted under both a dominant and recessive mode of inheritance, is a powerful method for detecting linkage to susceptibility loci in complex disorders (21–24). Although nonparametric (NPL) methods as implemented in GENEHUNTER or affected sibpair analysis are widely used, simulation studies indicate they are not as powerful (21, 22), and sample considerations may limit their utility. As many of the affected-relative pairs in this sample were not within sibships, affected sibpair analysis was not an appropriate choice. The large size of many of the extended families exceeded the capacity of GENEHUNTER, limiting the utility of that analysis package. Although analysis with multiple other packages could facilitate cross-study comparisons, we have adopted the approach suggested by Risch and Botstein (27) and have reported the power of our study sample to detect linkage under the models tested as well as the significance level of positive results.

This study demonstrates the importance of careful family selection. Because of the time and effort required to identify and collect



**Table 1.** List of all markers with lod scores  $>1.5$ . The single phenotype and inheritance model producing the highest lod score is given for each marker.  $Z_{\max}$ , maximum lod score;  $\theta$ , recombination fraction;  $\alpha$ , proportion of families linked to a given locus; N, narrow; B, broad; R, recessive; D, dominant.

Marker	Chromosome location	Map location*	Model	Two-point analysis					Three-point analysis		
				Homogeneity		Heterogeneity			Heterogeneity		
				Z <sub>max</sub>	θ	Z <sub>max</sub>	θ	α	Z <sub>max</sub>	α	Location of Z <sub>max</sub> *
Chromosome 1											
D1S1631	1p21	137	NR	2.13	0.2	2.19	0.1	0.65	2.57	0.75	147
D1S3723	1p21-p13	141	NR	2.29	0.1	2.39	0.1	0.75	3.65	0.70	148
D1S534	1p13	152	NR	2.90	0.1	2.90	0.1	1	3.65	0.70	147
D1S1653	1q21-q22	164	NR	3.52	0.1	3.52	0.1	1	6.05	0.75	170
D1S1679	1q22	171	NR	5.77	0.05	5.79	0.05	0.95	6.05	0.75	170
D1S1677	1q22-q23	176	NR	2.15	0.1	2.26	0.1	0.80	5.72	0.60	171
Chromosome 2											
D2S2952	2p24	18	BR	1.37	0.2	1.97	0.05	0.40	2.00	0.45	28
D2S1400	2p23-p22	28	BR	1.70	0.2	1.98	0.05	0.60	2.42	0.65	18
Chromosome 3											
D3S3045	3q13	124	NR	2.11	0.2	2.40	0.1	0.75	1.73	0.65	114
Chromosome 7											
D7S1802	7p13	33	ND	0.80	0.2	1.03	0.05	0.55	1.59	1	54
Chromosome 8											
D8S1106	8p22	26	BD	1.95	0.2	2.10	0.2	0.75	2.33	0.80	5
D8S136	8p21	44	BD	2.09	0.2	2.16	0.2	0.80	2.80	0.90	65
Chromosome 11											
D11S2371	11q13-q23	76	ND	0.56	0.2	1.84	0	0.55	1.88	0.55	76
Chromosome 12											
PAH	12q22-q24	109	ND	2.31	0.1	2.60	0	0.70	1.71	0.50	109
Chromosome 13											
D13S317	13q22	64	ND	1.02	0.2	1.02	0.2	0.95	1.56	1	85
D13S793	13q31-q32	76	BR	1.44	0.1	1.47	0.1	0.9	3.81	0.65	77
D13S779	13q32	83	BR	1.87	0.1	2.41	0	0.55	2.34	0.45	83
Chromosome 17											
D17S784	17p12-p11	117	BR	2.18	0.1	2.19	0.1	0.95	1.54	1	138

\*Distances from pter in centimorgans.



pedigrees with three or more affected individuals in multiple generations, most studies have focused on gathering large numbers of small nuclear families or pairs of affected siblings, increasing the chance of a clinically and genetically heterogeneous sample. As our simulation studies illustrate (30), power to detect linkage is greatly reduced when a significant proportion of the sample is unlinked to a particular locus. The population selected for study, the inclusion criteria, and fortuitous sample variation may have all combined to produce a group of families with a high proportion linked to the susceptibility locus on 1q21-q22. We are likely to have failed to detect linkage to any contributing loci that are present in less than half of the families we studied (30).

Multiple susceptibility loci are almost certainly involved in the etiology of schizophrenia, with significant evidence for an additional locus on 13q32, even within this set of families. The magnitude of the chromosome 1 linkage finding, coupled with the clear localization to the interval between the markers D1S1653 and D1S1679, should facilitate efforts to positional clone this susceptibility gene. It is hoped that better understanding of the genetic factors involved in this common, devastating disorder will lead to earlier and more effective interventions.

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18. Informed consent was obtained from all subjects after an explanation of possible consequences. Protocols were approved by the Institutional Review Boards of Rutgers University and the University of Toronto. Direct interviews conducted with the Structured Clinical Interview from DSM-III-R (SCID-I) for major disorders and the SCID-II for personality disorders, collateral information, and medical records were used for 297 subjects to make consensus diagnoses based on DSM-III-R criteria from American Psychiatric Association, *Diagnostic and Statistical Manual of Mental Disorders: DSM-III-R* (American Psychiatric Association, Washington, DC, rev. ed. 3, 1987). Details of the diagnostic and ascertainment methods have been described (16, 17). Seven additional deceased subjects received consensus diagnoses on the basis of medical records and collateral information. The diagnostic classifications "narrow" and "broad" were used, with 79 and 123 affected individuals in each category, respectively. Individuals were considered affected under the narrow diagnostic classification if they were diagnosed with schizophrenia or chronic schizoaffective disorder. Individuals were considered affected under the broad diagnostic classification if they had been diagnosed with one of those disorders or with a nonaffective psychotic disorder, schizotypal personality disorder, or paranoid personality disorder. Two subjects were coded as diagnosis unknown, because mental retardation hindered full assessment. Five of the deceased subjects were coded as affected under the broad diagnostic classification but unknown under the narrow classification, as conclusive narrow diagnostic elements could not be obtained. Full diagnoses were available on the remaining 297 subjects, and all individuals not categorized as affected under a given diagnostic scheme were classified as unaffected.
19. DNA was extracted from blood samples or lymphoblastoid cell lines using the GenePure system (Gentra Systems). DNA from each subject was genotyped by means of 381 markers from the Weber version 6.0 Screening Set. Genotyping was conducted in our laboratory and the laboratories of the Center for Inherited Disease Research (CIDR; Johns Hopkins University, Baltimore, MD). In our laboratory, genotypes were generated by polymerase chain reaction (PCR) amplification incorporating radiolabeled dCTP. Sample handling, PCR amplification, gel electrophoresis, and genotype interpretation procedures have been described [L. M. Brzustowicz et al. *Am. J. Hum. Genet.* **61**, 1388 (1997)]. Genotype generation by CIDR was based on automated fluorescent microsatellite analysis, with further details available at the CIDR Web site [www.cidr.jhmi.edu/].
20. Standard parametric likelihood analysis was performed by means of FASTLINK [R. W. Cottingham Jr., R. M. Idury, A. A. Schaffer, *Am. J. Hum. Genet.* **53**, 252 (1993)] for two-point linkage and VITESSE [J. R. O'Connell and D. E. Weeks, *Nature Genet.* **11**, 402 (1995)] for multipoint linkage analysis. Multipoint analysis has the advantage of utilizing data from multiple linked markers to maximize the information in a given pedigree and may also provide better localization of the linked locus. The admixture test as implemented in HOMOG [47, pp. 220–226] was used to test for genetic heterogeneity. To minimize inaccuracies due to errors in pedigree structure, including undetected nonpaternity, branches of extended pedigrees that were connected through more than one individual without available DNA were removed from the main pedigrees and analyzed as separate pedigrees. This resulted in three small branches (total of 23 individuals) being removed from three pedigrees. After this pruning, 89 individuals with no diagnostic or genotype information were needed to accurately represent the pedigree structures of the entire dataset.
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25. When the narrow diagnostic classification was used, the dominant model was schizophrenia susceptibility allele frequency ( $p_A$ ) = 0.0045, penetrance of disease ( $f$ ) of 0.75, 0.50, and 0.001 for disease homozygotes (AA), heterozygotes (Aa), and normal homozygotes (aa), respectively; the recessive model was  $p_A$  = 0.065,  $f(AA)$  = 0.50,  $f(Aa)$  = 0.0015, and  $f(aa)$  = 0.0015. Under the broad diagnostic classification, the dominant model was  $p_A$  = 0.007,  $f(AA)$  = 0.90,  $f(Aa)$  = 0.80, and  $f(aa)$  = 0.009 and the recessive model was  $p_A$  = 0.10,  $f(AA)$  = 0.60,  $f(Aa)$  = 0.01, and  $f(aa)$  = 0.01. For X-linked markers, the same penetrances were used for females, with  $f(aa)$  used for  $f(a)$  and  $f(Aa)$  used for  $f(A)$  for males for the dominant models, and  $f(AA)$  used for  $f(A)$  for the recessive models. Marker allele frequencies were estimated with a set of 30 unrelated subjects from these families.
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29. We generated 2500 unlinked "replicates" (datasets with the pedigree structures and diagnoses of the actual study coupled with genotype data simulated without regard to diagnostic status) of the full genome scan using SIMULATE [J. D. Terwilliger, M. Speer, J. Ott, *Genet. Epidemiol.* **10**, 217 (1993)]. Analysis was as for the actual study data (20), except that only two-point analysis was conducted. Two distributions of maximum lod scores were constructed, using the highest score from each replicate under homogeneity (LOD) and under heterogeneity (HLOD). The highest score obtained was 5.08. The  $P$  values corresponding to LODs and HLODs of 3, 4, and 5 were calculated from the distributions and BINOM was used to determine the 95% confidence intervals (CIs) for those values [(47), pp. 48–50]. The  $P$  values [95% CI] for LODs of 3, 4, and 5 were 0.099 [0.087–0.11], 0.012 [0.0078–0.017], and 0.0008 [0.0001–0.0029], respectively. For HLODs of 3, 4, and 5 the  $P$  values were 0.16 [0.14–0.17], 0.016 [0.012–0.022], and 0.0008 [0.0001–0.0029], respectively. The estimates for a score of 5 were based on only two observations, producing the wide CI, and reflecting the difficulty in estimating rare events.
30. Linked replicates were generated using SLINK [J. Ott, *Proc. Natl. Acad. Sci. USA* **86**, 4175 (1999); D. E. Weeks, J. Ott, G. M. Lathrop, *Am. J. Hum. Genet.* **47**, A204 (1990)]. A single marker 5 cM from the disease gene and with four alleles of equal frequency was simulated. Each of the four genetic models (25) was used to generate 250 replicates with 100%, 95%, 90%, 75%, or 50% of families linked. Two-point analysis was conducted on each replicate with all four generating models under homogeneity and heterogeneity. As expected, the highest expected lod (ELOD) scores were obtained when the analysis model matched the generating model. Incorrect mode of inheritance reduced the ELODs much more than incorrect diagnostic model (37). Power to detect linkage at  $P = 0.05$  with the correct model was excellent (>75%) under all models with 90% or more of families linked. With 100% of families linked, even the least powerful model, recessive-narrow, produced an ELOD of 5.6, with 40% of replicates producing a lod of 6 or higher. Power for all models dropped to 50 to 75% when 75% of families were linked. Power to detect linkage was very poor (<35%) when only 50% of families were linked, regardless of the model used.
31. Supplementary data on the power simulations can be found in Web table 1 at www.sciencemag.org/feature/data/1047911.shl
32. It is impractical to use simulations to estimate the probability of very rare events, such as obtaining a high lod score by chance. Therefore, the significance of lod scores >5 was determined by statistical methods. Twice the natural logarithm of the likelihood ratio asymptotically approaches the chi-square distribution as sample size increases. The simulation results under no linkage were used to test the adequacy of the chi-square approximation for this study sample. As marker density was less than 8 cM, the 381 markers were treated as independent tests, as were the two modes of inheritance [(47), pp. 75–79]. As the two diagnostic classifications were not independent, bounding  $P$  values were calculated from the chi-square with 1 d.f. by considering these as either one or two tests. For a lod of 3, under homogeneity, this produced a range for the  $P$  value of 0.077–0.155, which contained the simulation-derived  $P$  value estimate of 0.099. Similar results confirming the adequacy of the chi-square were obtained for lods of 4 and 5. Under heterogeneity the appropriate chi-square has >1 but <2 d.f., so the same approach of calculating bounding values for the  $P$  value was used, producing similar agreement with the results of the simulations. For a lod of 6.50 under heterogeneity,

- this produced a range for the *P* value of 0.00002 to 0.0002. Although the simulation results suggest that the actual *P* value is much closer to the smaller end of this interval, *P* values were conservatively reported as less than the calculated upper bound.
33. Supplementary data on all two-point analyses can be found in Web table 2 at [www.sciencemag.org/feature/data/1047911.shl](http://www.sciencemag.org/feature/data/1047911.shl)
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  42. We would like to thank the participating families, whose contributions have made these studies possible; R. Forsythe and P. Forsythe for years of support; J. Hayter, M. Kahn, D. Little, J. Hogan and D. Hayden for technical assistance; J. Ott and V. Vieland for advice on statistical issues. Supported by the Medical Research Council of Canada (A.S.B., L.M.B., W.G.H.),

the EJLB Foundation Scholar Research Programme (L.M.B.), the National Institute of Mental Health grant K08 MH01392 (L.M.B.), the Ontario Mental Health Foundation (A.S.B.), the Bill Jeffries Schizophrenia Endowment Fund (A.S.B.), Nova Scotia Schizophrenia Society (A.S.B.), and the Ian Douglas Bebensee Foundation (A.S.B.). W.G.H. is supported by a Vancouver Hospital Scientist Award. Genotyping services were provided by the Center for Inherited Disease Research (CIDR). CIDR is fully funded through a contract from the National Institutes of Health to Johns Hopkins University, Contract Number N01-HG-65403.

13 December 1999; accepted 10 March 2000

## Resetting Central and Peripheral Circadian Oscillators in Transgenic Rats

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In multicellular organisms, circadian oscillators are organized into multitissue systems which function as biological clocks that regulate the activities of the organism in relation to environmental cycles and provide an internal temporal framework. To investigate the organization of a mammalian circadian system, we constructed a transgenic rat line in which luciferase is rhythmically expressed under the control of the mouse *Per1* promoter. Light emission from cultured suprachiasmatic nuclei (SCN) of these rats was invariably and robustly rhythmic and persisted for up to 32 days in vitro. Liver, lung, and skeletal muscle also expressed circadian rhythms, which damped after two to seven cycles in vitro. In response to advances and delays of the environmental light cycle, the circadian rhythm of light emission from the SCN shifted more rapidly than did the rhythm of locomotor behavior or the rhythms in peripheral tissues. We hypothesize that a self-sustained circadian pacemaker in the SCN entrains circadian oscillators in the periphery to maintain adaptive phase control, which is temporarily lost following large, abrupt shifts in the environmental light cycle.

Most (perhaps all) multicellular organisms contain multiple circadian oscillators interconnected to form a hierarchical circadian system which regulates many discrete rhythmic outputs. In mammals, the SCN contains self-sustained circadian oscillators that act as a pacemaker at the top of the hierarchy (1, 2). In addition, a surprising number of mammalian peripheral tissues appear to contain the molecular machinery necessary for circadian oscillation (3, 4) and, in a few cases, peripheral tissues exhibit damped circadian oscillations in the absence of the SCN (5, 6). Our working

hypothesis is that the mammalian circadian system consists of self-sustained circadian oscillators in the SCN that entrain damped oscillators in the periphery. Predictions from this hypothesis include, but are not limited to: (i) the existence of damped circadian oscillators in peripheral tissues, and (ii) temporary disorganization within the circadian system in response to large, abrupt changes in the entraining light cycle. Such disruption would be a consequence of the specific and different response of each of the peripheral oscillators to common central signals.

To test the first prediction, we constructed a transgenic rat model in which the mouse *Per1* gene promoter is linked to a luciferase reporter (Fig. 1A) (7). We raised the resulting *Per1-luc* rats in light:dark (LD) cycles of 12 hours light and 12 hours darkness (LD 12:12), killed them 30 to 60 min before lights-off (onset of darkness), and cultured explants of SCN, skeletal muscle, liver, and lung under static conditions (i.e., without changing the medium) in

constant darkness and constant temperature ( $36^{\circ} \pm 0.2^{\circ}\text{C}$ ) (8). We measured the light output continuously from individual cultures with a Hamamatsu photomultiplier tube detector assembly (9, 10).

Light emission from the SCN was invariably and robustly rhythmic ( $n = 62$ ), indicating that the engineered mouse *Per1-luc* transgene was being rhythmically transcribed under the control of normal circadian mechanisms. The SCN rhythm persisted for up to 32 days in static culture (Fig. 1B). Preliminary data (11) from animals killed 3 or 9 hours before lights-off indicates that these times of sacrifice do not affect the phase of the SCN rhythm. Liver, lung, and skeletal muscle all showed circadian rhythms of light output that phase-lagged the SCN rhythm by 7 to 11 hours. This phase difference between the SCN and peripheral tissues is similar to the phase-lag observed in vivo (12). The rhythms that we recorded from peripheral tissues were not as robust as those recorded from the SCN, and always damped after two to seven cycles in culture (Figs. 1C and 2). Damping was not the consequence of tissue death or deterioration because we were able to reinitiate rhythmicity in damped cultures by simply changing the medium (Fig. 2). This reinitiation could be due to removal of toxic substances in the old medium, replacement of depleted critical components, or simply to the shocks associated with the medium change (e.g., temperature, pH, and mechanical agitation). Any or all of these stimuli could act to restart oscillators that had stopped or to resynchronize multiple oscillators within the tissue.

To test the second prediction made by our hypothesis, we investigated whether abrupt shifts of the light cycle caused disorganization of the circadian system of the *Per1-luc* rats. We advanced or delayed the LD 12:12 cycle on which the rats had been living by 6 hours (13) and measured the phase and, in some cases, the amplitude of circadian rhythms of locomotor behavior (14), and the phase and amplitude of *mPer1* expression in the SCN, liver, lung, and skeletal muscle in vitro (15). Locomotor rhythmicity was monitored before and after

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